

ADD A VIDEO CLIP TO YOUR AU PAIR APPLICATION!



Please try and add a video clip to your Au Pair in America application – a great way to show host families something extra special about yourself and to improve your application.

Here's how:

Think about possible topics and what you might like to talk about. For example:

- your hobbies and interests
- your childcare experience
- why you want to be an Au Pair in America
- your country/culture/customs
- your family

Guidelines:

- Record your video in a **quiet** location, for example in your home, in your garden or in the local park – no background music or noise please!
- Speak directly **to the camera** and close to the microphone so we can see and hear you – try to avoid slide shows of still pictures – host families want to see you in person!
- **No personal details** please! Do not provide your phone number, email address or full name – host families already have access to the contact information you provided when applying.
- Show off your **personality**.
- Look friendly and remember to **smile!** 😊

Add to your application:

- Save your video onto your computer
- Log onto your Au Pair in America website, go to the "Upload Documents" page and select "Video"
- Using "Browse" find and select your video
- Add it to your application

Useful Information

- We can accept .MOV .WMV .AVI .MP4 .FLV .MPEG and .MPG types
- Maximum file size is 8 megabytes
- All videos uploaded will be converted to 320 x 240 pixels. This isn't very big so make sure that your video has some good close-ups
- It may take up to 24 hours for your video to upload correctly
- APiA will view and approve your clip before it is visible to host families